

THE SINGAPORE  
**Women's Weekly**  
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**100 PAGES**

**Fashion & Beauty**

**THE NEWEST COLLECTIONS!**

Jessica Alba Shows how to make the latest runway trends work for you

**SHOCK REAL-LIFE CONFESSION**  
"I spent \$40,000 on IVF... then got rid of the baby"

**THE SUPER SERUMS**  
Better than a facelift!  
See page 193

**Easy ways to get your child to behave in public**  
Try expert tips for better kid cooperation

**5** To refresh your complexion, check out the Superlift Program. These six sessions of light-lift lasers stimulate collagen production, reduce the large pores and enhance skin radiance by breaking up melanin clumps. "It is a nice maintenance treatment for women who want to slow down ageing and improve their complexion at the same time," says The Sloane Clinic's Dr Low Chai Ling. From \$3,400 per package.

**Bullseye** 100 FASHION-BEAUTY STYLE BONUS



**Drop A**

Lasers, injectable fillers, medi-spa treatments... discover 20 new hi-tech ways to look younger, without surgery

By ALETHIA TIANG

**FACE**

- 1 Give the sagging parts of your face, especially the chin and jowls, a lift with the FDA-approved Accent Ultra Face Contouring treatment. The patented device uses ultrasonic waves to help break down fat cells (which are eliminated by the body's own metabolic processes), then the radiofrequency system tightens and lifts. From \$400 per session, at Celestus Aesthetic Clinic.
- 2 Using light energy, microneedled currents and HF polarised currents, the LUMILift facial helps erase wrinkles and frown lines, and tightens sagging jowls. It also soothes redness and evens out the skin tone with four wavelengths of light. From \$420 per facial, at Beyond Beauty.
- 3 With skin tightening and skin regeneration benefits, the STAR Treatment, available at Healthsprings Laser & Aesthetic Clinic, helps remove unwanted pigmentation and gives a great glow too! From \$900.

- 4 Hollow cheeks and a saggy jawline are never fun to see in the mirror. Sculpta fillers can be injected into your cheeks to give you younger-looking plump cheeks, and simultaneously lift and firm your jawline. "The results are as good as surgical implants, sometimes even better as they are fluid and look more natural," says Dr SK Aesthetic Clinic's Dr Shari Le Leng. From \$550.
- 5 To refresh your complexion, check out the Superlift Program. These six sessions of light-lift lasers stimulate collagen production, reduce the large pores and enhance skin radiance by breaking up melanin clumps. "It is a nice maintenance treatment for women who want to slow down ageing and improve their complexion at the same time," says The Sloane Clinic's Dr Low Chai Ling. From \$3,400 per package.
- 6 If you're in your late 30s, early 40s, check out the three-in-one eMan Triniti. It gives a lift by helping to improve skin's elasticity and firmness. Plus, it helps iron out lines for smoother skin. From \$200, at ClearSK Aesthetic Centre.

**EYES**

- 7 Give the slack or hooded skin round your eyes a youthful lift with Laser Skin Refurfacing, which also helps smoothen out unsightly acne scars and fine lines, shrink open pores and treat various skin discolorations. To get the best results, you must diligently use sunblock afterwards. From \$800 per session, at Dr Valentin Low Aesthetic And Laser Clinic.

- 8 Thermage eye treatment is all the rage when it comes to lifting sagging eyelids. Thermage "facelifts" have been around for a while, but results on the face and jaw can be slightly uneven. Some women see great improvement - others see little, especially if they have thin faces. This is because Thermage heat-tightening works best on fleshy areas (such as the upper eyes). Healthsprings' Dr Soh Loo Sar says the procedure "helps lift droopy eyelids without surgery. After a session, eyes appear more 'open and alert'. From \$1,500, at Healthsprings.
- 9 Under-eye bags and circles can be plumped up with fillers. Hyaluronic acid is a natural plumping ingredient in your skin, and it can be injected into sunken areas, like under your eyes. From \$900, at The Sloane Clinic.

**NOSE**

- 10 Large pores are a beauty bane, especially when they are on the nose. Micro-Botox, also known as Intradermal Botox, helps to reduce enlarged pores. This in turn cuts down the sebum production (gently for a shiny nose) and acne breakouts. From \$800, at David Loh Surgery.

**TEETH**

- 11 Celebrities often go for teeth whitening before a red carpet event, because it takes years off. You can try the one-hour BriteSmile treatment - this involves the application

**DECADE**

**9** Under-eye bags and circles can be plumped up with fillers. Hyaluronic acid is a natural plumping ingredient in your skin, and it can be injected into sunken areas, like under your eyes. From \$900, at The Sloane Clinic.