

# URBAN



QUICK GUIDE  
TO THE  
S'PORE  
FASHION  
FESTIVAL

WIN!  
ISSEY MIYAKE  
FRAGRANCES

## COUNTER OFFER



Aesthetic doctor Low Choi Ling, medical director of The Sloane Clinic at Chip Bee Gardens and Caltex House, recommends some over-the-counter remedies that she has either used and found effective herself, or has heard her patients rave about.

### To plump up fine lines and wrinkles

*Ren's Omega 3 Overnight Lipid Renewal Serum, \$111 for 50ml, from Apothecary+Co, B1-21 Raffles City*

"It contains vitamins A and E and Omega 3, which stimulate the skin's natural process of renewal and regeneration, helping to restore suppleness and elasticity."



### To brighten dull skin

*Sisley Phyto-Blanc Clearing Essence, \$352 for 100ml, from Robinsons, Level 1, Raffles City*

"This is not cheap but has massive doses of vitamin C. For vitamin C, you need to spend a bit more money to get a formula with good doses. Vitamin C is difficult to stabilise and cheaper formulas may not be absorbed easily."



### To lift sagging skin and stimulate collagen production

*Olay Regenerist Eye Lifting Serum, \$26.90 for 1.5ml, from Guardian and Watson's stores*

"This is a good, value-for-money product containing vitamins B and E and green tea extract."



### To lighten pigmentation

*Murad's Age Spot and Pigment Lightening Gel, \$119 for 30ml, from Seiyu Bugis Junction*

"It contains glycolic acid with 2 per cent hydroquinone and a patented Advanced Performance Complex to effectively fade age spots, freckles and hyperpigmentation for more clarity, brightness and a more even skin tone."



### All-purpose moisturiser

*Olay Total Effects Moisturiser, \$23.80 for 50ml, from Guardian and Watson's stores*

"This does the trick well and is not expensive. It also contains SPF 30, vitamin E, aloe vera and green tea extract. Vaseline Intensive Rescue (\$3.80 for 100ml, from Watson's) is also good for dry skin areas."

