

weekend TODAY

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SOMETHING UP YOUR SLEEVES

Keep flabby arms at arm's length with the Solidea Slimming Sleeves (\$120 before GST). Made from a patented fabric, these skin-friendly sleeves — which resemble fashionable cropped shrugs — are said to offer micro-massaging benefits, boost micro-circulation and tone arms over time. For optimal results, wear these slimming sleeves every day, especially when you are exercising. Available at The Sloane Clinic at #03-01 Chevron House and #01-66 Chip Bee Gardens.