



Clear, smooth skin

Acne, blemishes and large pores are common, persistent concerns for city dwellers, especially in our hot, humid climate. The good news is, clinics are now offering comprehensive packages that don't just clear up your skin, but also brighten, smoothen and tone.

The Sloane Clinic also offers the Luminous Program, which includes five sessions of Fraxel laser, five times LED Red and LED Plus Photomodulation therapies, and to sessions of collagen whitening facial wraps.



1. A comprehensive skin treatment... 2. The Sloane Clinic also offers the Luminous Program...



"It is most ideal to start your makeover a few months before your wedding. The exact length of time would depend on your current skin type and facial problems, as well as the type of makeover you desire to achieve," says Dr Low Chai Ling, medical consultant of The Sloane Clinic.

Lush eyelashes Why subject yourself to the fuss of falsies when there is now a more permanent and hassle-free alternative? A newly launched solution by The Sloane Clinic, Latisse is the first and only FDA-approved prescription treatment that makes lashes grow longer, fuller and darker in as little as four weeks. Sixteen weeks of use gives lush, enviable lashes. The solution's formula is a major breakthrough clinically proven to lengthen the active growth phase of the lashes and increase the number of hair follicles. An at-home and once-daily application, it is safe for the eyes.

Slim and smooth silhouette You have lost some weight and are looking better than ever, but pockets of stubborn fat and jiggle bits still bug you. Achieve a red-carpet figure with The Sloane Clinic's UltraShape, a new-generation flab-busting and body-contouring machine that is non-invasive, safe and painless. It uses ultrasound energy to blast away fat cells without damaging the surrounding tissues, after which a lymphatic system kicks in to drain off the fat. At the same time, a radiofrequency device is activated to firm up and smoothen loose, dimply skin. To drop one dress size before your final gown fitting, Dr Low Chai Ling says five sessions every two weeks is ideal.

Flawless back Don't forget that you need a smooth, sexy back to carry off a backless or low-slung gown. The Sloane Clinic's Back Peel should do the trick. Alpha beta hydroxy acids are used to slough off dead cells, reduce pimples and erase blemishes. Expect mild flaking for a few days post-treatment, but after six sessions within two weeks, the skin on your back should be clear and smooth.