



## Stuff I Love

Dr Low Chai Ling

**Who:** Dr Low Chai Ling, 33, medical director of The Sloane Clinic at Raffles Place and Chip Bee Gardens.

**Home:** A three-bedroom apartment in the heart of town.

**Handphone:** BlackBerry, which I'm addicted to. I check e-mails in between appointments, and it's the first thing I reach for when I wake up.

**Facial products:** IS Clinical serums. The active serum is for day and the super serum is for night. Five drops each on my face and I get all the antioxidants that my skin needs.

**Sunscreen:** Very important in our weather. I use this one from Innovative Skincare which is a sunscreen powder. I don't have to put powder on after.

**Hair products:** Pantene Hairfall Control shampoo and conditioner, because they are cheap and effective.

**Body cleanser:** From Olay. I like this range which has body butter in it, so I don't need to use an additional body moisturiser after showering.

**Body products:** When I have time and want to pamper myself, I use a range of products from Model Co. I like the Exfoliate Body Wipes which I use on my legs. Another favourite is the Shimmer Illuminizer, that I spray on when I go out at night, to make my skin shimmer.

**Lipgloss:** I use this one from Poi and in a nude shade, which makes it easier to match any make-up colour. I like a toned-down look.

**Perfume:** From Molecule, I use this often



because I like its light scent.

**Ring:** This is from local-based designer Juliana Chia Morgan. It's a tourmaline ring that my fortune teller said I should wear. Luckily he didn't say to wear diamonds because I wouldn't be able to afford them.

**Watch:** Piaget. It's simple and functional and I like that the numbers are big, so it's easier to tell time. I like things that are not over-the-top.

**Shoes:** Giuseppe Zanotti. I like heels but I don't wear this very often, except to dinners. I like its classic design and even after wearing it several times, it doesn't go out of shape.

**Wallet:** This Dior wallet is my favourite because my husband gave it to me. I like wallets that are big and functional. I don't have a lot of money to put in it but this has many compartments for my cards.

**Bag:** My tote is from Bottega Veneta. It's so big and roomy. It doesn't have a zip, which I like, as it makes it easier to shove things into it. I'm not afraid of things falling out. There's nothing valuable in it either - occasionally there are diapers inside for my baby.

**Jeans:** I own only one pair and it's from True Religion. I wear it only on weekends.

**Dress:** I like pieces from Calvin Klein, because they are simple and easy to wear.

Tay Susan Chaling

