



Editorial
Liza-Jones
My children
are my life
everything
else is
bonus!



FOUND!
295
extra minutes
every day



**WHAT TO
EAT, WATCH,
WEAR & BUY**
7 INFLUENTIAL WOMEN TELL US



**MEDISPAS
FOR ALL
YOUR SKIN
NEEDS**



WORD TESTS
MICRO CARBS
SPRAY-TANNING TREATMENTS
ERGONOMIC BACKRESTS



SECRET SHOPPING SPOT
Home haven in
Ubi Techpark

Solve every
marital woe with
a self-help book

Love your
Jimmy Choo
& still be
spiritual?
Yes, you can!

beauty > feature

Medical spas are
taking off big time in
Singapore for their
doctor-sanctioned
treatments.
NG YI LIAN checks
out these seven.



the spa doctor is in



the sloane clinic

1-66 Chip Bee Gardens, tel: 6471-1108, Tue-Fri: 10am-8pm, Sat & Sun: 10am-4pm.

WHAT Opened in 2005, The Sloane Clinic is spearheaded by dermatologists Dr Low Chai Ling and Dr Kenneth Lee. It's the first medical spa in Southeast Asia to introduce the Fraxel laser and also one of the first in Singapore to carry the enzyme-based Epicuren range, which is said to change skin at the molecular level. The Sloane Clinic also does its part for charity – it is a firm supporter of the Handicaps Welfare Association, Children's Cancer Foundation and Singapore Cancer Foundation.

TREATMENTS Its signature treatment, Fraxel Laser Treatment (\$1,250 for 120mins) improves the skin's appearance by targeting a fraction of skin at a time using

dozens of tiny microscopic laser spots. It helps even uneven colouring, fine lines around the eyes, and fades brown spots. The clinic's latest offering is the Titan Illumi-Facial (\$300 for 60mins), which is administered by a doctor. It uses infra-red light to penetrate the skin to restore elasticity and lift sagging skin – results are instant.

PRICE From \$90 for a 30-min Face-Face lunchtime lift that includes ultrasonic deep cleansing, oxygen therapy and a Vitamin C day pack, to \$5,500 for a 45-min Thermage facial procedure, the only FDA-approved non-invasive treatment that's proven to tighten loose or saggy skin, produce a lift without an incision.

the sloane clinic

#03-01 Chevron House, tel: 6533-2522. Mon-Fri: 10am-8pm, Sat: 10am-3pm.

#01-66 Chip Bee Gardens, tel: 6471-1108. Tue-Fri: 10am-8pm, Sat & Sun: 10am-4pm.

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