



THE SLOANE CLINIC ADVERTORIAL

Dr Kenneth Lee of **THE SLOANE CLINIC** reveals easy solutions to looking beautiful and radiant without taking drastic measures

Have you noticed how our eyes tend to linger on a magazine page to examine a flawless celebrity face? Perhaps subconsciously, the porcelain complexion and radiant glow lure us into a momentary fix. Many famous women in their 40s, from the bigwigs of the political scene to those on the big screen, still look resplendent. Now you too can have that seemingly impossible-to-achieve glow. And it is not all that difficult to attain, thanks to these tips from The Sloane Clinic.

Firstly, exfoliate regularly. Ladies in the know are savvy about keeping old, dull cells at bay. To have dewy skin, be diligent in removing that top layer of dead cells, which is most effectively done via microdermabrasion or peels. This increases blood flow, brings more oxygen to the skin's surface and spurs collagen production. Renewed skin also allows more effective penetration of skincare products. The Crystal Clear facial at The Sloane Clinic uses a spray of micronised crystal particles to gently slough off dead surface cells. Alternatively, try the clinic's customised facial peels that use naturally occurring fruit acids for deeper exfoliation.

Secondly, being often in the spotlight, untainted complexion is essential. So it's always better to be zealous about treating a pimple, rash or any other type of inflammatory reaction at first sight with effective topical solutions or skin-clearing treatments. The Sloane Clinic's Clean & Clear Program helps to detoxify clogged pores and clear skin from acne. It uses FDA-approved I-Clear blue light therapy to target acne-causing bacteria and LED red light therapy to promote skin renewal and healing. For those fighting a battle against stubborn and severe acne, the Purifying Program utilises FDA-approved Smoothbeam or

Aramis Laser to reduce over-production of acne-causing sebum for long-lasting acne clearance.

And don't forget that one tell-tale sign of ageing is a gradual loss of volume in the face, which can be easily rectified with age-reversing treatments. Restylane®, an FDA-approved natural hyaluronic acid filler (that closely resembles the body's own hyaluronic acid), helps to restore the lost volume of ageing faces, define cheeks and fill out wrinkles and lines, hence restoring a youthful look to the face. Botox is also a popular treatment that is administered by expert hands at the clinic to gently relax overactive muscles and soften expression lines without making one look unnatural. The Botox paradox is that no one knows you have had Botox done after a well-executed treatment.

The Sloane Clinic is a chain of aesthetic clinics that offers total beauty solutions from cosmetic surgery to non-invasive aesthetics in Singapore and Malaysia.

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Dr Kenneth Lee,
The Sloane Clinic's
sleek, modern
decor theme

