

sunday

guide

News you can use

The Sloane Clinic, #03-01
Caltex House
(tel: 6533 2522) and
#01-06 Chip Bee Gardens
(tel: 6471 1108).



Take away the years

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It is a Hollywood experience at our doorstep, courtesy of the Sloane Clinic.

Just like the stars of *Sex And The City*, you can soothe away the years.

The stars use Epicuren — an enzyme skin care system — initially used to treat burn victims.

Founder Bernard Heiman experimented on himself with the enzyme proteins and he noticed one important result — the aging process had slowed down.

It evolved into a six-step process that beauty addicts have been raving about.

Each step of this facial system does a specific job designed to give your skin a youthful glow.

A visit to the Sloane Clinic is, in itself, an experience.

I visited the Caltex House branch. I was expecting a spa environment — Enya on the sound system, tealight candles, people tip-toeing around.

Instead, I found a clinic-like atmosphere.

Your experience starts with a consultation with a doctor.

After taking into consideration my allergies and suitability, I was recommended the 60-minute Classic Epicuren facial

(\$170) was best for me.

I was shown into a cosy little space and my de-ageing began.

Step by step, the nurse explained what went onto my face.

It was a salad of ingredients — aloe vera gel, citrus cleanser and enzyme concentrate — working to make me glow again. And I did.

I am sceptical about instant results, but I felt radiant after this treatment.

For me, the jewel in the crown was the Instant Lift.

This literally lifts your skin, giving it an instant tightness.

It lasts a day or so, but it's a good ego booster.

Other Epicuren facials include the Alpha Lipoic (\$170), just for men (\$150), which deals with ingrown hair, razor irritation and overactive oil glands), pore-reducing and acne facial (\$150), green tea and ginger facial (\$150) and backless (\$100), for the chest and back.

