

Look good with doctor's skincare line

LIFE STYLE



GETTING BIGGER: The Sloane Clinic's Low Chai Ling has seen the products in her Skin Inc line grow from four to 25. (PHOTOS: NEO XIAOBIN)

Aesthetic doctors and dermatologists' product lines take off in Singapore



INTENSE: SKN MediAesthetics' Alvin Wong says doctors' products are stronger and take effect more quickly.

in Singapore, including Dr Georgia Lee - who launched her skincare range early last month - have skincare lines to their names.

Others include Dr Alvin Wong, who launched his line in

2007; Dr J. J. Chua, whose products hit shelves in 2004; and Dr Low Chai Ling, whose line was launched in 2003.

Dr Wong's line has seen a doubling in sales growth since

its launch, while Dr Chua said 80 per cent of his patients are using his products. Dr Low's Skin Inc line has grown, from four products to 25.

But why are patients so smit-

ten with these lines and how do they work?

Doctors interviewed told *my paper* that they developed skincare products in order to address the problems they commonly see in patients - from **acne** in young patients to pigmentation in older ones.

These skincare products often contain active ingredients that are classified as **medications**, which means that they take less time to take effect and patients can often see quick results.

One example is a take-home fruit acid peel - which exfoliates and clarifies skin - from Dr Wong, medical director of SKN MediAesthetics.

It contains ingredients "equivalent to the strength of a 20 per cent glycolic-acid peel done in the doctor's office". Over-the-counter products have between 5 and 8 per cent of beta hydroxy acid, according to Dr Wong.

Other ingredients found in doctors' skincare lines may include retinoic acid, which is a rich source of vitamin A. Over-the-counter products use a milder form called retinol, said Dr Low, medical director of The Sloane Clinic.

But because doctors' products can be more intense on the skin, doctors caution that their lines are best used under medical **supervision**, especially since there is no telling how your skin will react to stronger substances.

Former model Nadya Hutagalung, 34, is a fan of Dr Low's Skin Inc products, which she has used "for a few years now".

"I have found its products to show visible results on my skin after a few applications," she enthused.

my paper tries out six different skincare lines. You'll be surprised by the results.

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The Sloane Clinic



Who: Dr Kenneth Lee, 38, and Dr Low Chai Ling, 35, established The Sloane Clinic in 2003.

What: Skin Inc is their 45-item line, developed for use in tropical climates.

Best for: Acne-prone skin.

What we say: Complexion Corrector Lightening (\$90) lightened my dark spots by about 50 per cent. The Ice Souffle Cleanser (\$55) made



my skin feel softer. Ginseng Replenishing Water (\$60) stung slightly,

but made my skin noticeably firmer.

Where to get it: 43, Jalan Merah Saga (tel: 6471-1108) and 30, Raffles Place, #03-01 (tel: 6533-2522)

- DEWI SRIWAHYUTO

NAVIGATOR

Look good with doctors' skincare lines

A12-A13



CHERYL LIM

A NEW kind of skincare line is making waves in Singapore. Touted to be better for the skin, these lines claim to use purer ingredients and, most importantly, are made by people who really know skin - aesthetic doctors and dermatologists.

At least eight aesthetic doctors

HELPDESK 我的字典

Dermatologists:
皮肤科医生
pí fū kē yī shēng

Acne: 暗疮 àn chuāng

Medications: 药物 yào wù

Supervision: 监督 jiān dū