



TURN OF AN AURA

Fairness is no longer the trend du jour in whitening skincare. Now, it's all about achieving that ethereal aura of naturally luminous skin. Find out how. By Justina Tan

Whitening skincare has evolved - it's no longer about harsh chemicals, skin bleaching or achieving a geisha-esque complexion. Due to climate changes, environmental pollution and external aggressors like free radicals and stress, whitening skincare is less about altering skin to look fairer and more about returning it to its original state - free of pigmentation, spots, acne scars, dullness, uneven tone and discoloration. Find your way back to brighter, more radiant skin with the latest advances in skin whitening.

WHITE WASH

Although they don't seem very crucial to the whitening process, brightening for the rest of your

OUT, OUT DAMNED SPOT

Stability and a pickle to eliminate, skin pigmentation begins its insidious way before it first appears on the skin's surface. Fight this voracious assailant with the right skincare and treatments.

1. Shu Uemura WhiteEfficient Pen 56 Instant Spot Brightener, \$85 instantly brightens spots with a botanical exfoliator and conceals them with micropearls and light-diffusing particles.
2. Elizabeth Arden White Glove Extreme Brightening Spot Corrector, \$88 contains a natural marine mineral extract that neutralises melanin-producing free radicals and reduces skin inflammation and irritation caused by UV rays.
3. Vichy BI-White Reveal Deep Cell-Whitening Spot Intervention, \$59 lightens dark spots and acne scars, while preventing the production of melanin.
4. Infinity Kosé Realizing White XX, \$148 is a clever serum that relaxes the skin, so as to allow the active ingredients to penetrate deeply, thereby suppressing melanin production at its root. It also smoothens and hydrates the skin.
5. Lancôme Blanc Expert Melanolyser Whiteness Activating Spot Eraser, \$165 contains a patented yeast extract that helps to dissolve and dissipate melanin bags in the skin cells.
6. Jet Spot White, \$19.80 is an intensive spot treatment containing six actives and two variants of vitamin C - one that rapidly penetrates skin to inhibit melanin production and another that suppresses melanin production all day via a slow-release formula.
7. SK-II Whitening Spots Specialist, \$176 to \$258 is a potent treatment that targets both visible spots and spots that have yet to surface. Apply the fluid serum over the entire face and an additional layer over areas with spots and freckles.

BOOST YOUR SKINCARE WITH...

...DermTech ChromaWhite Treatment. This intensive whitening facial includes an exfoliating peel that speeds up the skin's cell turnover by over 40 per cent, the application of a vitamin cocktail containing 22 per cent pure vitamins and the infusion of a super hydrating agent deep into the skin via a specialised machine. It promises brighter skin tone and the visible lightening of dark spots after just one session. It also restores moisture and luminosity to the skin, \$320 for 85 minutes at Leonard Drake Skin Care & Health Spa, 405-0R/10/11 The Centrepoint, Tel: 6737-9177

BRIGHT NIGHT

Your skin repairs and renews itself when you sleep, so night time isn't the time to skip your skin whitening routine. Make bedtime glow with these whitening night creams and wake up to more radiant skin!

1. Clarins White Plus HP Whitening Repairing Night Cream, \$110 controls and corrects skin tone, and is improved by sun exposure and skin stress in the daytime.
2. Sloane Inc. Skin Rescue, \$80 is a triple threat skin treatment cream that fights acne, prevents pigmentation and reduces skin redness. Apply nightly before moisturiser.
3. Jurlique Purely White Skin Brightening Night Treatment, \$96 contains a potent blend of natural actives that safely inhibits melanin production, improves cell turnover, and provides skin with added hydration during the night.



Up-Cleansing to cleaning oil key ingredients.

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Brightening with gentle exfoliating

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