

Free Finder

IT'S FREE!

SHOPPING ■ RESTAURANTS ■ ANTIQUES ■ TRAVEL ■ FURNITURE

WIN
a \$1,700
REDANG HOLIDAY

+ Fun classes
for kids
worth \$750

GOING GREEN

Explore Lion City
nature trails

BALI HIGHS
Private villas,
boutique hotels
& eco-stays

A tribute to
MUMS

Fab gift ideas for all budgets

Top tips for new mothers

Savings for ladies who lunch

PLUS

Holland Village finds Property watch Aussie superannuation
Shoe shopping Sexual healing Walking pneumonia update

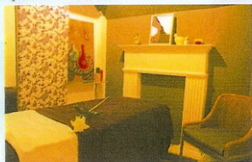
Pampering treats

Balance your body and mind while soothing your spirit...



Serendipity The Nail Spa specialises in pampering treats for your hands and feet and was started five years ago by Sayuri Hoshino, of Japan. Experience pure luxury with the Warm Milk and Honey or Lemon-Aid foot treatments, as you sink your feet into a milk or lemon scented bath, prepared in a celadon bowl. Gentle exfoliation and massage soothes away any stress, before your toes are primed to perfection with a professional pedicure. Treatments for couples and men are also available here. **10A Lorong Mambong, Tel: 6468 6828.**
Open: Tues-Sat 10am-8pm, Sun 11am-5pm.

After more than a decade of wrapping devotees in Mud Stone Treats and Strawberry Meltdown moments, **Spa Esprit** has a new look and treatment menu. Each room epitomises true comfort and presents the appeal of a cosy home, complete with antique books, faux fireplaces and vintage-style fabrics. The spa menu has been reworked to include restorative treatments



– such as the three-dimensional Crystal Om massage – and further nourishment is available at the rooftop **Spa Esprit Café Bar**. **18A Lorong Mambong, Tel: 6468 1292, Web: www.spa-esprit.com**

Feel free to browse and sample **Aesop** skin, body and hair care preparations at the chic Holland Village outlet, where expert staff can advise you on using **Aesop's** holistic and realistic approach to maximising your skin's potential. To gain a unique insight to the effectiveness of **Aesop** products, experience the **Aesop Deluxe Facial Treatment** – the crème de la crème of intelligent skincare. This luxurious service begins with an in-depth skin analysis, followed by a meticulously considered sequence of deep cleansing, detoxifying, anti-oxidant and hydrating treatments. **Aesop** Facialist Ms Victoria has undergone extensive one-on-one training at **Aesop's** Australian headquarters and is now delivering this remarkable treatment with personalised, attentive service, for the first time in Singapore. **42A Lorong Mambong, Tel: 6463 4477, Web: www.aesop.com.sg**



The **Sloane Clinic** is a popular aesthetic clinic which has garnered a faithful following among its international and celebrity clientele who can't live without their specialised menu of cosmetic



dermatology services. **The Sloane Clinic** has become the place to go to for the ultimate beauty fix and offers the latest laser and cosmetic dermatology techniques for face and body rejuvenation and enhancement. One of South-East Asia's most comprehensive aesthetic facilities, **The Sloane Clinic** is also one of the few places in Asia to offer world-famous **Epicuren** and **IS Clinical** products and treatments. This boutique aesthetic clinic's mission is to continually search out the newest treatments, techniques and products, to offer

clients the benefits of the latest developments in the skincare industry, in addition to individualised attention and luxury pampering. **Holland Village #01-66 43 Jalan Merah Saga, Chip Bee Gardens. Tel: 6471 1108, Web: www.sloaneclinic.com.**
City #03-01 Caltex House, 30 Raffles Place. Tel: 6533 2522

Preserving history

Photographs, paintings and artworks on paper are vulnerable in Singapore's tropical climate. Subjected to fluctuating temperatures and high humidity, the aging process of a piece of art can rapidly accelerate. **Benaka Art Conservation** specialises in preserving and restoring artworks on paper, prints, Chinese scrolls and paintings on canvas. They provide professional conservation services including conservation framing and invite you to make an appointment at your convenience to discuss preserving your precious works of art. **64 Taman Warna, Chip Bee Gardens. Tel: 6100 2707/9125 9929, Web: www.benakaartconservation.com**



BEFORE



AFTER



Pre-school fun

Auntie Su's Playschool is an exclusive (A.M.I.) Montessori playschool for children aged two to four years. Its director, Susana Chua, studied at Maria Montessori Training Organisation (London), has worked with children for over 20 years and believes childhood is a time for exploration and learning. **3 Jalan Hitam Manis. Tel: 6479 6629 Email: sstones@singnet.com.sg**