

Female

MAY 2007

Jeans Special!

FROM HOTTEST DENIM LABELS TO HOW TO FIND THE PERFECT FIT

SHIMMER MAKEUP

How To Wear It Right

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BEST FASHION & BEAUTY BUYS

EXTRA!
FEMALE'S FAVE ONLINE STORES
45 top fashion, beauty and lifestyle Internet shops (from page 288)

SHOP LIKE A PRO
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Steps To Your Best Body Ever!

IS IT COOL TO DATE A COLLEAGUE?
Couples that work together say yes

S\$6.00



Face of the month

The new face of Garnier's Skin Naturals Light is internationally renowned celebrity, Zhang Ziyi. The actress believes in beauty through nature and also stresses the need for a simple but effective skincare regime. Look out for her in television commercials and print ads for Garnier.



Yummy yogurt!

Strawberry Yogurt Peeling Gel, \$44, and Strawberry Yogurt Pack, \$42, both from Laneige, combine an Advanced Water Science system with a moisturising yogurt formulation for a deliciously radiant complexion that's as silky as a strawberry smoothie!



Note Book



Paradise in a bottle

Realise your dream of the perfect tropical getaway with Michael Kors' latest destination fragrance, Island Michael Kors Hawaii EDP Spray 50ml, \$95. One spritz will transport you to pristine beaches, sparkling waterfalls, and exotic flora like exquisite orange blossom, Hawaiian ginger lily and luscious pineapple. Say aloha!

Perfect skin prescription

Olay has signed up another new face for The Right Olay For You campaign, to help consumers easily identify which of its three product ranges works best for them. Joining Denise Keller and Rui En (the first two Olay ambassadors) is Celia Teh, the face of Olay Regenerist. A top model for years, Celia absolutely loves Regenerist Thermal Heating Facial Cleanser. "My skin is now smoother, firmer, and has a beautifully polished texture. I'm now more confident stepping out of the house without any makeup on!" enthuses the 36-year-old beauty.



FEMALE Tries

Smoothing Body Peel

A deep exfoliating treatment designed specifically for rough, patchy spots, such as the elbows, ankles and knees, and areas that seldom see the light of day, like the back.

What it is This treatment makes use of a diamond buffing procedure, a skin-smoothing peel, and lymphatic drainage, to de-clog pores on the back, lighten brown spots on arms, and remove rough skin from the ankles, elbows and knees.

The process After cleaning the area to be treated, the therapist runs a scratchy, diamond-tipped wand along the skin, to help exfoliate and loosen dead, patchy cells. Buffing complete, she then applies a special body peel containing TCA, lactic and salicylic acids, to de-clog pores and further encourage dead-skin removal. A soothing aloe lotion is then applied using a special device that aids penetration. The final step

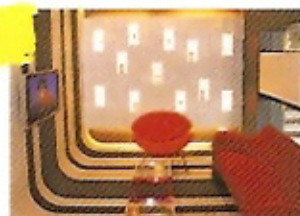
is a light rubdown using a protective, hydrating lotion.

Verdict The diamond buffing is not particularly pleasant, but it is bearable. As the wand rotates at high speed on your skin, you can literally feel the dry cells being scraped off. Apart from the slight tingling sensation that occurs when the acid peel touches your body, the treatments that follow are generally soothing and nourishing. I was ready to bare my soft-as-silk back after, and my usually rough, dry elbows were heaps smoother! You can expect a little flaking for a few days as the skin continues to shed its dead cells.

Available at The Sloane Clinic. Visit www.sloaneclinic.com, or call 6533 2522 or 6471 1108 for location details.

Price \$200 for the bikiniBOTTOM (thighs and legs), and \$200 for the bikiniTOP (arms and back).

Final rating ★★★★★



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