

The gift
of LOVE



beauty newcomers

Welcome this Red Hot Valentine's Day with some of the Coolest beauty treatments around. Here are the top ten ways you can pamper yourself as you countdown to the big day.



1. Look years younger with tighter firmer skin this Valentine's Day!

The latest face-lifting treatment, Thermage, employs a patented radiofrequency technology called ThermoCool. It has been clinically proven to tighten and gently lift skin to smooth out wrinkles and renew facial contours. "The effect of Thermage is just what I was hoping for – skin tightening, facial firming and reduction of lines on my face," says Siew Choo, 45, a patient of Dr Low Chai Ling at The Sloane Clinic, six weeks after her procedure. This non-surgical procedure is fast and easy and requires no downtime from normal activities. The ThermoCool device has been cleared by the FDA for the non-invasive treatment of facial wrinkles. This is what many women have been praying for all their lives – face-lifting benefits without going under the knife.

2. Glow with a series of mesolift treatment

Mesolift skin rejuvenation uses the dermal infusion delivery of potent antioxidants, vitamins, minerals, and amino acids to nourish depleted intracellular levels. This infusion of micro nutrients promotes collagen and elastin production, replenishes cellular hydration, rejuvenates and revitalizes the skin. This metabolic stimulus is the key to the rejuvenation process. Mesolift clients describe their skin as looking rested, radiant and glowing.

3. Lighten, brighten and plump up your skin with IPL photo-rejuvenation

IPL light is a proven skin therapy that was pioneered by Dr. Patrick Bitter Jr. and is based on emitting high intensity pulses of light (not lasers) to penetrate the skin and rid you of various complaints. There are different wavelengths for different levels or types of penetration. It can help rid your pigmentation, even out your skin tone and tighten those pores.

4. Smooth away some of those wrinkles with Botox cosmetic treatment

Botox is administered in a series of painless microinjections. The actual treatment takes only a few minutes but the results are a fresher, younger and more radiant looking you in no time! Botox therapy has revolutionized many aspects of cosmetic procedures and has quickly become the first line of treatment for wrinkles.

5. Defuzz yourself and show off your silky legs

Put an end to the nightmare of unwanted hair. The IPL process uses intense pulsed light to gently remove unwanted hair, putting an end to routine shaving and waxing. IPL treatments leave your skin looking and feeling smoother and silkier. This patented technology transcends the older, painful hair removal treatments to deliver long lasting results. IPL's wide beam treats larger areas



such as the back, shoulders, arms, legs and face rather than treating one hair at a time. Best of all, IPL treatments are a safe, fast, gentle and effective alternative method for hair removal.

6. Fill up your lines and leave no evidence of your age behind!

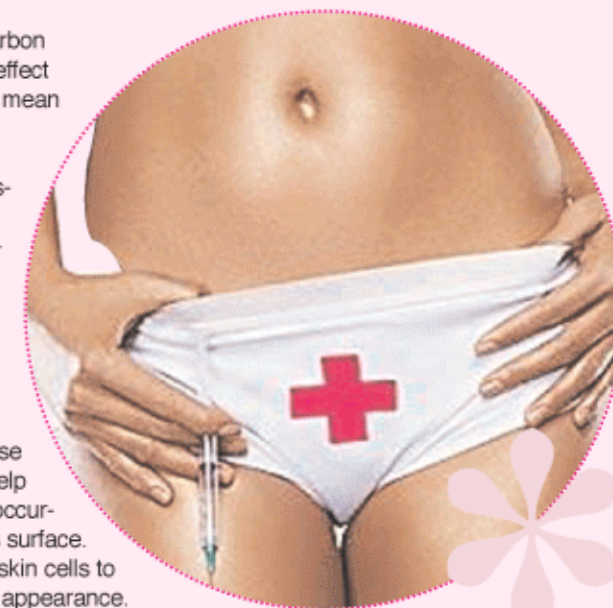
Healthy skin contains hyaluronic acid that keep it supple and young looking. Hyaluronic acid is a natural sugar found in all living cells that helps maintain skin volume by attracting and binding over 1000 times its weight in water. However, with time, sunlight and other factors, the hyaluronic acid in your skin diminishes, your skin loses volume, and lines and wrinkles appear. Use fillers to replace your skin's lost hyaluronic acid. Hylaform is a dermal filler made from a highly purified form of hyaluronic acid that mimics the effects of natural hyaluronic acid. When injected just below the surface of the skin, Hylaform adds volume to the skin, smoothing unwanted lines and wrinkles instantaneously, helping you shed years off your face in a quick and easy lunchtime procedure.

7. Firm & tone your skin with carboxytherapy

Carboxytherapy works in two complimentary ways. Firstly, and quite simply carbon dioxide mechanically kills fat cells. Secondly, it also has a strong vasodilatory effect (causes dilation of blood vessels) on the capillaries in the area. Wider vessels mean bigger and stronger blood flow to the area, which means more oxygen. The increase in oxygen is important because it eliminates the built up fluid from between the cells. The end result is fewer fat cells and firmer subcutaneous tissue. S. L. Lock, 58, a patient of Dr. Low at The Sloane Clinic swears by the treatment even after her initial course of 6 sessions for maintenance of her figure. She has undergone the procedure 10 times so far and still continues to undergo the procedure once a month for maintenance. "I've tried many different diets, exercise. I tried tablets, I tried creams but to no avail," she explains.

8. Polish your skin to a shine

The Sloane Clinic's in-house custom blended peels offer a variety of naturally-occurring "fruit" acid peels to improve and enhance your appearance. These treatments will reduce the depth of surface lines, smooth out rough texture, help fade brown spots and assist in drying out acne/blemished skin. The naturally occurring "fruit acids" in these treatments will remove dead skin cells from the skin's surface. Removing this top layer (where most visible wrinkles are) allows the healthier skin cells to come through, giving a smoother texture to your skin and glowing and radiant appearance.



9. Spring clean your pores and resurface your skin with fresh saline and pure oxygen

Hydro peel uses high oxygen pressure and saline (isotonic solution), infused with vitamins, minerals and placental extracts to clean out your pores and remove dead cells and debris from your skin surface. At the same time, infusing your skin with all the essential vitamins and nutrients to rejuvenate, refresh and heal your skin. A great time out from all those late nights and leftover make-up!

10. Shine your way to healthier skin

LED Photomodulation provides the newest medical breakthrough for skin renewal and shrinking pores. Photomodulation is a non-ablative, non-thermal therapy that reduces the signs of photodamage and skin aging including shrinking pore size. The emitted light is "coded" to promote healthy skin cell changes. LED Photomodulation delivers a totally natural method of light-only skin rejuvenation and works with the body's own natural processes to counteract the effects of ageing. Treatments are pain free and clients return to their normal activities immediately after treatment. After a few treatments, patients report smoother, brighter skin and decreased pore size. Patients are also reporting more even pigmentation, particularly on the neck and chest. "I use it as an adjunct to my normal facials. I feel and look more radiant and rested with this LED light," says Annie Lo, a patient at The Sloane Clinic.



The Sloane Clinic is a medical aesthetic clinic located at 30 Raffles place, #03-01 Caltex House. You may call them at **6533 2522** for an appointment with the doctor or you can visit www.sloaneclinic.com for more details.