

ezyhealth & beauty

Special Beautiful Skin

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Give your face that added lift in 10 minutes!

Understanding the use of hyaluronic acid fillers

By Dr Chua Han Boon

Recently, one of my patients came to see me after she lost 8kg. Her figure looked great, but she noticed that her cheeks looked gaunt and her nasolabial lines (the ones running from her nose to the corners of her mouth) were deeper than ever, making her look tired and drawn. Being a high-flying banker with a busy schedule, she had wanted an immediate fix during lunch hours. After a discussion with her, I used a hyaluronic acid filler to restore her facial volume and layered on Juvederm® Ultra to plump out her nasolabial lines. The result? A more youthful looking face with lesser lines and a more luminous complexion due to the increased hydration! She loved the results of her Juvederm® Hydrift procedure and recommended her sister to come for the same treatment.

What can natural hyaluronic acid fillers do for us that anti-ageing creams cannot?

Consider this, youthful skin is rich in hyaluronic acid but as we age, our skin's hyaluronic acid content diminishes. This is when our skin loses elasticity and sags, forming deep lines at the sides of the nose (laugh lines) and mouth (marionette lines). With further collagen and hyaluronic acid loss, even the undereye region can look sunken and depressed, adding years to our appearance.

One of the most natural ways to address facial ageing signs is to replenish lost hyaluronic acid with hyaluronic acid fillers. Dermal fillers are administered through tiny skin injections, a procedure that takes up to 30 minutes. Patients can put on makeup and return to work immediately after. Results continue to improve for up to two weeks as the patient's own natural collagen is stimulated to grow, rejuvenate and nourish the face.

added definition and volume. It is a popular treatment as there is minimal downtime and results can be seen immediately.

This procedure uses a combination of hyaluronic acid fillers to address beauty woes from sagging visage to dull complexion, from prominent smile lines to sunken undereye folds. Our faces are work of art, and no two faces are alike. Juvederm® Hydrift seeks to give you a personalized answer to address your set of beauty concerns and enhance your appearance like no other.

"Everyone ages, but not everyone grows old the same way. What hyaluronic acid fillers offer is advanced facial rejuvenation without transformation. We're not talking about changing how you look, but simply enhancing what nature has given you and slowing down the ageing process along the way."

- Dr Chua Han Boon

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