



Do You  
Need  
Plastic  
Surgery  
— Or Just a Great  
Skin Cream?

What can you do to look younger today as well as in the future? BAZAAR examines the newest treatments, surgical procedures and skincare. By Victoria Kirby

## Eyelids

**In the doctor's office:** When the eyelids begin to sag, one option is a resurfacing laser. It removes the top layer of damaged skin to reveal a fresh surface and prompts tissue contraction to tighten skin. A number of doctors use the Fraxel laser because, unlike traditional resurfacing lasers, it removes only 15 to 20 per cent of skin per session, "allowing the area to be rejuvenated without being wounded, so there is no downtime, save a bit of redness," says Manhattan dermatologist Roy Geronemus, MD. Adds Dr Low Chai Ling, medical director of The Sloane Clinic, "It works

beautifully over lax eyelids and the surrounding peri-orbital eye area to reduce fine lines, crow's feet and skin discoloration". At The Sloane Clinic, this procedure costs \$800. Another FDA (Food and Drug Administration)-approved treatment is Eyes by Thermage (\$3,000 at The Sloane Clinic). This uses a small eye tip specially designed to tighten loose peri-orbital skin safely and, according to Dr Low, is many patients' choice to reduce eye bags and open up eyes, so they look younger and fresher.

## Crow's Feet

**In the doctor's office:**

"Fraxel improves the skin collagen matrix from within. It resurfaces old skin and encourages newer and younger skin to be reformed in its place", explains Dr Low. "The new skin looks less wrinkled and has less pigment and better elasticity." Botox treatment costs about \$500. Fraxel starts at \$800.